

EXTOL





05  
November  
2019

"Extol Means to  
lift up"

*This on-line  
magazine is  
created in an  
effort to  
encourage all  
women in all  
walks of life.  
We have  
gathered  
women in this  
edition from  
various stages  
of life who have  
a message in  
this season.*

*I hope you will  
enjoy the  
features and  
share with  
your friends.*

*Sharon Wilson*

# Extol Women

## Digital Magazine



Volume 5

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## Give Thanks With a Grateful Heart!



Simone Stovall  
Charlotte, NC

As we approach the end of the year I am reminded of my favorite scripture:

Romans 8:28 New International Version (NIV)

28 And we know that in all things God works for the good of those who love him, who[a] have been called according to his purpose.

For many of you I am sure this year has been filled with many ups and downs. Hopefully your good has outweighed your bad so far. I just want to encourage you to keep your eyes on God as you continue your walk in this journey called life. Despite what's going on around you and in spite how you feel, it is essential to not let your circumstances define you! I unfortunately have experienced this personally this year with the unexpected loss of my corporate job of 3 years. At the first mention of the news I was strong in my faith and I was confident that this is all apart of God's plan. But over time I allowed doubt and anxiety to creep in and my flesh got stronger as my spirit weakened. I was trying to and still am trying to figure out the best course of action. I had to refocus my mind and spirit as well as center my thought process on who my God truly is. He is a way maker when there was no way! Through the hearing the word of God, constantly speaking with authority over my situation, and changing some of my own actions my spirit and faith began to revamp! And no, I currently don't have a praise report yet but I am waiting in EXPECTANCY! I am just so grateful to know God and have access to him. Because of that i am equipped and know what to do during tough times. For that alone I am grateful and i believe everything is working for my good!



She'Naajah Warner Cary, NC  
12 years old

### SHE' SAYS...

Sometimes it might just feel to you like it will never end. The trials keep coming, the sunny days seem far away, and it just feels that you have been living the same day over and over, getting nowhere. Now you are discouraged. But God says don't be. I have more in store for you. Just be patient. Even though there are trials, I just need you to rest in my promises, like the word that say, that I will give you vineyards you did not plant, and houses you did not build. Rest! Your Daddy's got you, and this isn't the end. You know what? This is just the beginning! Cause what God has for you in the end, is far greater than you will ever imagine. All you have to do is be patient, rest, stay strong, and stand in His promises! [MIC DROPPED!!!]

If you are insulted because you bear the name of Christ, you will be blessed, for the glorious Spirit of God rests upon you.  
1 Peter 4:14 NLT





*Pastor Kimberly  
Jackson*

*Germantown,  
MD*

*Daughter,  
Friend, Sister,  
Wife , Teacher,  
Mother and  
Pastor*

#### **My Attitude Reflects My Gratitude**

In this busy, fast-paced world, it is so easy to go along with the flow of life by rushing around, constantly multi-tasking, and being overwhelmed in our day to day responsibilities. I don't know about you but life can be challenging at times and in the moment of trying to accomplish everything we can often lose sight of all of our many blessings. Therefore, it is important to be encouraged as women and reminded that no matter how small the task or how big the challenges we face, we must remain grateful. When we are grateful it impacts our attitudes, our relationships, and our focus on God. The Bible tells us in I Thessalonians 5:16-18 "Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. This verse has grounded me on more than one occasion and has reminded me to 1) Rejoice! (See the good!); 2) Pray! (Know that God is my help!) and 3) Give Thanks! (No matter what!). By having an attitude of gratitude, I quickly remember that I am never alone and I have all the help that I need in Christ Jesus knowing that everything is truly working for my good!!! As we continue our journey, let's make intentional efforts to mediate on this and keep our hearts pure with an attitude of gratitude!

## *Extol's Devotion Corner*

*Always give thanks to God for everything in the name of our Lord Jesus Christ.*

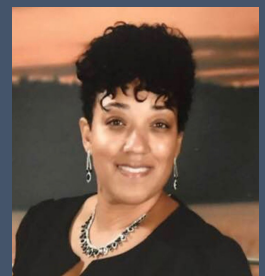
*Ephesians 3:20*

This past year has been a tough year for me and my family. We've experienced great loss but we've also experienced great joy with the arrival of new babies, job promotions, new homes and successes galore! As we come into the holiday season, we often spend time reflecting on the year's events and how those events have impacted our lives. During this time of reflection, remember to have a heart of gratitude for all circumstances, even the good and the bad. When we express gratitude in prayer for all things, we are promised to be given grace and strength!

**Blessings and Peace to All**

**Keshia M.**

Extol Ministries







## Sistah's Intercession Corner

1. That as women we will WAIT WELL in life.
2. That we would seek God to reveal the hidden things
3. That we will PRAY without ceasing.
4. That our JOY will remain.
5. Pray for the Children of Women incarcerated.
6. Pray for Women Leaders in the Body of Christ.
7. Pray for Caregivers
8. Declare that your Destiny will not be denied

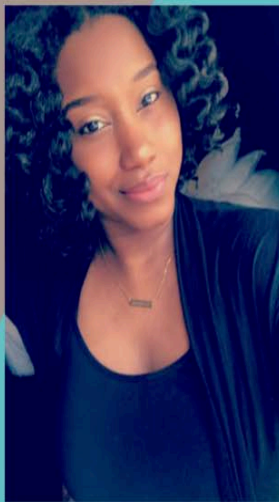
2 Chronicles 7:14

14 If my people, which are called by my name, shall humble themselves, and pray, and seek my face, and turn from their wicked ways; then will I hear from heaven, and will forgive their sin, and will heal their land.

*Tonya S. Lane  
Cosmetic Chemist*

*Simple Natural Hair Care*

*Advice-Tutorials-Results*



*www.youtube.com/sharmaine369*

What's Happening at Extol Ministries this Month!

[www.extolministries.org](http://www.extolministries.org) Call us at 919.352.9397

WALKING IN MY GREATNESS!

*Please Join*  
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WOMEN  
STUDY**  
Lisa Harper eStudies

NOVEMBER 4 THRU NOVEMBER 25  
EVERY MONDAY NIGHT AT 6:00PM

Please Register at  
[info@extolministries.org](mailto:info@extolministries.org)

**EXTOL**  
EXTOL MINISTRIES  
"Beloved I pray that in every way you succeed and prosper and be in good health just as I know your soul prospers."  
(3John 2)

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**Community Give Away**  
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214 HAWKINS AVE  
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NOVEMBER 20

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